



**3D COACHING
ACADEMY**
BY CoachWhizz



The 3D Model

Define | Discover | Design

The 3D Professional Coach Certification Education is designed to facilitate the skills needed for professional coaching. Coaching skills, hands-on learning and self-awareness are key components in this program to help a coach find within themselves what they need to best serve others.

The goal of this program is to have students confidently coaching at the level of a ACC Coach.

Recognizing that similar to each client, each student is whole, capable and resourceful, this training focuses on authenticity and ability.

The way of being of the coach is a primary centre of attention of this training, combined with learning the simple and functional 3D Model for the doing of coaching.

Utilizing micro-learning videos prior to the hands-on and interactive classroom sessions allows students to fully immerse themselves, leading to coaching dialogues that appreciate and draw upon the coach's expertise and experience.

Drawing on the current research on the science of coaching, this training explores possibilities for the development of a successful coaching practice and to build the capacity and techniques for those coaching internally within their organizations.

Students will leave with a comprehensive understanding of how to coach.





The **Level 1** education has **3 modules**, including **15 online** live sessions with the frequency of one weekly session.

Formulated intentionally for virtual delivery, the online classes allow for interaction and collaborative learning, with an emphasis on mentoring, practice and feedback.

The training consists of **36 hours** of synchronous real time interactions between faculty and students and **33 hours** of asynchronous training of micro-learning videos, homework reading, writing, research, journaling, practice coaching and other activities.

The training includes a final oral exam, an online written knowledge test, In addition, **10 hours** of mentoring, consisting of **three one-on-one** sessions with a mentor coach and **seven hours** of group sessions in class, are provided.

[Register Now](#)

List of Modules/Classes

Module 1: classes 1-5 (Define)


- A. Foundation
- B. Co-Creating the Relationship

Module 2: classes 6-11 (Discover)

- B. Co-Creating the Relationship
- C. Communicating Effectively

Module 3: classes 12-15 (Design)

- D. Cultivating Learning and Growth



The course designers and facilitators have extensive understanding of the [ICF Core Competencies](#) and years of experience as professional coaches.

They bring an authentic alignment with the [ICF Code of Ethics](#) for professional coaches and deliver a strong foundation of coaching methodologies while encouraging each coach's own unique style.

Completion of the Professional Coach Certification Training prepares students for stepping strongly into their career as a coach.

Students will be secure in knowing the functional blueprint of a coaching conversation as well as the art of being a Professional Life and Executive coach.



Who are we

At [CoachWhizz](#), we're on a mission to transform the coaching scene, ensuring everyone gets top-tier coaching education, no matter where they come from. We see coaching not just as a skill but as a game-changer, something everyone should have a shot at mastering.

With the [3D Coaching Academy](#), we help you dive deep into coaching, turning your passion into sharp, intuitive expertise. Grounded in self-awareness, our training is all about empowering and inspiring. Here, you're not just a student—you're a powerhouse of potential. We see the communicator, leader, change-maker and empathy-driven soul in you and guide you to weave these roles into powerful coaching conversations.

Our digital platform, equipped with the **Coaching Tracker**, ensures every coaching session is a transformative journey, driving growth for both coach and client. The 3D Coaching Academy isn't just a learning space—it's where coaching adopts a fresh, modern twist. We proudly offer Professional Coaching education, ensuring you're equipped with comprehensive coaching knowledge. And what's even better? Many of our grads join forces with CoachWhizz, making a significant splash in the coaching world.



Our Values & Vision

- ❖ "Everyone is whole, capable and resourceful."
- ❖ "Continuous learners' mindset and heightened self-awareness are the bedrocks of growth."
- ❖ "We value each individual as unique; and we nurture this as who they are as a coach."
- ❖ "We believe that every experience is an opportunity for growth. "

Coaching Skills For All

Your Investment

The tuition for the training is
\$4,200 USD, at this time.

A deposit of **\$500 USD** is required at
time of registration to save your seat

[Register Now](#)

For further information about dates and training
outline please check our website
<https://www.coachwhizz.com/academy/>

or contact us at
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