

The 3D Model

Define | Discover | Design

The 3D Professional Coach Certification program is designed to facilitate the skills needed for professional coaching. Deep coaching abilities, mentoring and self-awareness are the key components focused on to help a coach find within themselves what they need to best serve others.

The goal of this program is to have students confidently coaching at the level of an <u>ICF</u> credentialed Professional Certified Coach.

Recognizing that similar to each client, each student is whole, capable and resourceful, this program focuses on authenticity and ability.

The way of being of the coach is a primary centre of attention of this training, combined with learning the simple and functional 3D Model for the doing of coaching.

Experiential and engaged classroom structure allows each student to bring all of who they are to co-create coaching conversations that honour the coach's capacity and experience.

Drawing on the current research on the science of coaching, this program explores possibilities for the development of a successful coaching practice and to build the capacity and techniques for those coaching internally within their organizations.

Students will leave with a comprehensive understanding of how to coach and how to build a business in coaching.





The **ACTP** program is a **6 modules**, including **26** online sessions with the frequency of one weekly session.

Formulated intentionally for virtual delivery, the online classes allow for interaction and collaborative learning, with an emphasis on practice, feedback and mentoring.

The program consists of **82 hours** of synchronous real time interactions between faculty and students and **52 hours** of asynchronous training of homework reading, writing, research, journaling, practice coaching and other activities.

The training includes a live midterm oral exam, an online written knowledge test and a live final oral exam with written feedback. In addition, 10 hours of mentoring, comprised of three one-on-one sessions with a mentor coach and seven group sessions in class are provided.

Register Now

Module 1: classes 1-4 (Define)

A. Setting The Foundation

List of Modules/Classes

Module 2: classes 5-10 (Discover)

- B. Co-creating the relationship
- C. Communicating Effectively

Module 3: classes 11-13 (Design)

D. Facilitating learning and results

Module 4: classes 14-18 (Transformation)

Coaching Presence, Active Listening, Powerful Questioning, Direct Communication & Creating Awareness

Module 5: classes 19-20 (Resource & Business Development)

E. Facilitating learning and results

Module 6: classes 21-26 (Deepening the Key Competencies)

F. Facilitating learning and results

More Info

The course designers and senior facilitators have extensive understanding of the ICF Core Competencies and years of experience as professional coaches.

They bring an authentic alignment with the <u>ICF Code of Ethics</u> for professional coaches and deliver a strong foundation of coaching methodologies while encouraging each coach's own unique style.

Completion of the Professional Coach Certification Program prepares students for stepping strongly into their career as a coach.

Students will be secure in knowing the functional blueprint of a coaching conversation as well as being fluent in the intuitive art of being a coach.

Who are we

<u>3D Coaching Academy</u> operates under the management of <u>CoachWhizz</u>. A pioneer company based in the US with the vision of democratizing executive coaching and the mission of easing access to education, the <u>3D Coaching Academy</u> is a collaborative organization, created to deliver the best in coach training available to a global marketplace.

Building community through intentionally small, focused cohorts, the facilitators draw upon years of experience in training and coaching to provide a coaching education that is engaging and interactive.

At <u>3D Coaching Academy</u>, we are first coaches, inspired by the journey of coaching.

We share a philosophy of education in that we are all always learning.

We embrace the opportunity to create a diverse teaching environment where students share their multi-cultural backgrounds. We nurture a space for connection beyond languages, ideas and differences.



- We hold absolute belief that each person is whole and complete.
- We encourage and support self-awareness, transformation and action.
- We cherish the connection and contribution of our students.
- We are honored by the privilege to bear witness and partner with our students and clients.

The tuition for the Full Program is \$5995 USD, at this time.

A deposit of \$1000 USD is required at time of registration, with the balance due before the first class begins.

A full refund minus an administration fee of \$75 is offered if the registration is cancelled 2 weeks before the date of the first class.

Before Class #2 is attended, there will be a 50% refund of the tuition and after Class #2 is attended, there will be no refund granted.

Your Investment

For further information about dates and full program outline please check our website www.3DCoachingAcademy.com

or contact us at Hello@coachwhizz.com