



**3D COACHING  
ACADEMY**  
BY CoachWhizz



# The 3D Model

Define | Discover | Design

The 3D Professional Coach Certification training is designed to facilitate the skills needed for professional coaching. Coaching skills, hands-on learning and self-awareness are key components in this program to help a coach find within themselves what they need to best serve others.

The goal of this program is to have students confidently coaching at the level of a ACC Coach.

Recognizing that similar to each client, each student is whole, capable and resourceful, this training focuses on authenticity and ability.

The way of being of the coach is a primary centre of attention of this training, combined with learning the simple and functional 3D Model for the doing of coaching.

Experiential and engaged classroom structure allows each student to bring all of who they are to co-create coaching conversations that honour the coach's capacity and experience.

Drawing on the current research on the science of coaching, this training explores possibilities for the development of a successful coaching practice and to build the capacity and techniques for those coaching internally within their organizations.

Students will leave with a comprehensive understanding of how to coach.





The **ACSTH** training has **3 modules**, including **14 online** sessions with the frequency of one weekly session.

Formulated intentionally for virtual delivery, the online classes allow for interaction and collaborative learning, with an emphasis on practice and feedback.

The training consists of **43 hours** of synchronous real time interactions between faculty and students and **26 hours** of asynchronous training of homework reading, writing, research, journaling, practice coaching and other activities.

The training includes a final oral exam, an online written knowledge test.

[Register Now](#)

# List of Modules/Classes

## Module 1: classes 1-4 (Define)

- A. Foundation
- B. Co-Creating the Relationship


## Module 2: classes 5-10 (Discover)

- B. Co-Creating the Relationship
- C. Communicating Effectively

## Module 3: classes 11-14 (Design)

- D. Cultivating Learning and Growth





The course designers and facilitators have extensive understanding of the [ICF Core Competencies](#) and years of experience as professional coaches.

They bring an authentic alignment with the [ICF Code of Ethics](#) for professional coaches and deliver a strong foundation of coaching methodologies while encouraging each coach's own unique style.

Completion of the Professional Coach Certification Training prepares students for stepping strongly into their career as a coach.

Students will be secure in knowing the functional blueprint of a coaching conversation as well as the art of being a coach.

The background features a dark teal shape on the left and a blue shape on the right. In the center, there are four stylized, translucent blue figures that look like people with spherical heads and conical bodies, standing in a row. On the far right, there is a single, larger stylized figure of the same design.

# Who are we

[CoachWhizz](#) is an online virtual platform with a mission of easing access to professional coach training, while creating an equal opportunity in developing coaching skills. [CoachWhizz](#) holds the belief that coaching skills are a thriving and surviving toolkit for each individual who obtains them.

At the [3D Coaching Academy](#) by [CoachWhizz](#) we are the first to offer democratized training and learning for our students!

Equal opportunity in the classroom with a student- centred approach to training and learning. Our trainers create a culture that operates on the principles of equality, and functions as integrated, interactive and evolving. The lessons are inclusive of all students' voices in lesson planning, the ways they are engaged in the training and learning process. At the [3D Coaching Academy](#) by [CoachWhizz](#) we partner with our students to make this a tailor-made learning experience!



# Our Values & Vision

- ❖ “Everyone is whole, capable and resourceful.”
- ❖ “We encourage a continuous ‘learners mindset’ and self-awareness as a foundation in growth.”
- ❖ “We value each individual as unique; and we nurture this as who they are as a coach.”
- ❖ “We believe that every experience is an opportunity for growth. ”

## Coaching Skills For All



## Your Investment

The tuition for the training is  
**\$3700 USD**, at this time.

A deposit of **\$500 USD** is required at  
time of registration to save your seat

[Register Now](#)

For further information about dates and training  
outline please check our website  
<https://www.coachwhizz.com/academy/>

or contact us at  
[hello@coachwhizz.com](mailto:hello@coachwhizz.com)