

SOACHING ACADEMY BY CoachWhizz

The 3D Model

Define | Discover | Design

The 3D Professional Coach Certification program is designed to facilitate the skills needed for professional coaching. Deep coaching skills, hands-on learning, mentoring and self-awareness are key components in this program to help a coach find within themselves what they need to best serve others.

The goal of this program is to have students confidently coaching at the level of a PCC Coach.

Recognizing that similar to each client, each student is whole, capable and resourceful, this program focuses on authenticity and ability.

The way of being of the coach is a primary centre of attention of this training, combined with learning the simple and functional 3D Model for the doing of coaching.

Experiential and engaged classroom structure allows each student to bring all of who they are to co-create coaching conversations that honour the coach's capacity and experience.

Drawing on the current research on the science of coaching, this program explores possibilities for the development of a successful coaching practice and to build the capacity and techniques for those coaching internally within their organizations.

Students will leave with a comprehensive understanding of how to coach and how to build a business in coaching.





The **ACTP** program is a **6 modules**, including **26** online sessions with the frequency of one weekly session.

Formulated intentionally for virtual delivery, the online classes allow for interaction and collaborative learning, with an emphasis on practice, feedback and mentoring.

The program consists of **82 hours** of synchronous real time interactions between faculty and students and **52 hours** of asynchronous training of homework reading, writing, research, journaling, practice coaching and other activities.

The training includes a midterm oral exam, an online written knowledge test and a final oral exam with written feedback and case study. In addition, 10 hours of mentoring, comprised of four one-on-one sessions with a mentor coach and six hours of group sessions in class are provided.

Register Now

Module 1: classes 1-4 (Define)

- A. Foundation
- B. Co-Creating the Relationship

Module 2: classes 5-10 (Discover)

- B. Co-Creating the Relationship
- C. Communicating Effectively

Module 3: classes 11-14 (Design)

D. Cultivating Learning and Growth

Module 4: classes 15-18 (Transformation - Leadership and Team Coaching)

- B. Co-Creating the Relationship C. Communicating Effectively
- D. Cultivating Learning and Growth

Module 5: classes 19-21 (Resource and Business Development)

D. Cultivating Learning and Growth

Module 6: classes 21-26 (Deepening the Key Competencies)

- A. Foundation B. Co-Creating the Relationship
- C. Communicating Effectively

List of Modules/Classes

More Info

The course designers and facilitators have extensive understanding of the <u>ICF Core Competencies</u> and years of experience as professional coaches.

They bring an authentic alignment with the <u>ICF Code of Ethics</u> for professional coaches and deliver a strong foundation of coaching methodologies while encouraging each coach's own unique style.

Completion of the Professional Coach Certification Program prepares students for stepping strongly into their career as a coach.

Students will be secure in knowing the functional blueprint of a coaching conversation as well as being fluent in the intuitive art of being a coach.

Who are we

<u>CoachWhizz</u> is an online virtual platform with a mission of easing access to professional coach training, while creating an equal opportunity in developing coaching skills. <u>CoachWhizz</u> holds the belief that coaching skills are a thriving and surviving toolkit for each individual who obtains them.

At the <u>3D Coaching Academy</u> by <u>CoachWhizz</u> we are the first to offer democratized training and learning for our students!

Equal opportunity in the classroom with a student- centred approach to training and learning. Our trainers create a culture that operates on the principles of equality, and functions as integrated, interactive and evolving. The lessons are inclusive of all students' voices in lesson planning, the ways they are engaged in the training and learning process. At the <u>3D Coaching Academy</u> by <u>CoachWhizz</u> we partner with our students to make this a tailor-made learning experience!

Our Values & Vision

- "Everyone is whole, capable and resourceful."
- "We encourage a continuous 'learners mindset' and self-awareness as a foundation in growth."
- "We value each individual as unique; and we nurture this as who they are as a coach."
- "We believe that every experience is an opportunity for growth."

Coaching Skills For All



For further information about dates and full program outline please check our website www.3DCoachingAcademy.com

or contact us at hello@coachwhizz.com